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## Transition: Becoming Who I Was Always Meant To Be





NEW YORK TIMES BESTSELLER

Becoming Who I Was Always Meant to Be

# Transition



#### Synopsis

The New York Times bestseller that asks: What happens on the journey from self-doubt to self-acceptance? Imagine knowing, for decades, that the person you are and the body you inhabit donâ <sup>™</sup>t match up. Imagine pushing that feeling down so deep that you convince yourself, for years, that it doesnâ <sup>™</sup>t even exist. Imagine the havoc wreaked by such a secret.Now, imagine living this life under the scrutiny of the public eye.Chaz Bono has lived this life. We first met him as Chastity, the darling girl on stage with her parents, Sonny and Cher. Then, we knew her as an out lesbian and gay activist. Through all of this, Chaz was plagued by a nagging feeling that he wasnâ <sup>™</sup>t living the life meant for him. It wasnâ <sup>™</sup>t until he admitted, first to himself, then to his family, and finally to the world, that he was a transgender man, that Chaz Bono fully embraced his true self. In Transition, Chaz shares his deeply moving and ultimately triumphant account of the physical and emotional process that brought him to a place of peace, and finally happiness. With a message to anyone who has ever felt that they couldnâ <sup>™</sup>t be who they really are, Transition is as inspirational as it is intimate.

#### **Book Information**

Paperback: 272 pages Publisher: Plume; Reprint edition (May 29, 2012) Language: English ISBN-10: 0452298008 ISBN-13: 978-0452298002 Product Dimensions: 5.6 x 0.6 x 8 inches Shipping Weight: 7.8 ounces (View shipping rates and policies) Average Customer Review: 4.3 out of 5 stars 90 customer reviews Best Sellers Rank: #577,691 in Books (See Top 100 in Books) #97 in Books > Biographies & Memoirs > Specific Groups > LGBT > Transgender #1633 in Books > Biographies & Memoirs > Leaders & Notable People > Rich & Famous #4530 in Books > Biographies & Memoirs > Arts & Literature > Actors & Entertainers

#### **Customer Reviews**

â œA universal story, one to which all readers can relate: the individualâ <sup>™</sup>s search for self.â •â "New York Journal of Booksâ œTransition is not only about the journey from female to male; more importantly, itâ <sup>™</sup>s about the journey from fear to courage. Chaz Bono is my new hero.â •â "Jennifer Finney Boylan, author of Sheâ <sup>™</sup>s Not There

Chaz Bono is an LGBTQ rights advocate, acclaimed author, and the only child of famed entertainers Sonny and Cher. He has written three books, including Transition, his groundbreaking account of a forty-year struggle to match his gender identity with his physical body and his transformation from female to male. Bono lives with his partner in Los Angeles.

"Transition: Becoming Who I Was Always Meant To Be," is exactly the same book as "Transition: The Story of How I Became a Man." I bought both books thinking they would be two different versions of the same story, but they are the same book -- different title, different cover. Anyway, it is a very good read for those interested in the transgender issue, in particular, a woman transitioning into a man. It helped me understand this situation.

Enjoyable and informative, although certain parts could certainly be skimmed, and perhaps was written too soon into his transgender journey? I would love to have an update, perhaps 5 years from now! I will read and pass along, hoping the next person will gain strength. We are not all transgender, but we are all "different" somehow.

Rather boring. This book tends to repeat itself a lot and stretches things out a lot I think to make the book longer. The basic information is good, but having to wade through this boring, long drawn out book was tedious.

I was very surprised that this was not a celebrity pity party. Chaz speaks honestly and well about his journey and the story gives me a lot to think about as an ally who really didn't know much about the transgender experience. There's one stretch in here about a recording contract that seems longer than it is informative, but other than that, a very good read. Every moment is a teacher.

This is an outstanding story, despite the occasional weak writing that started showing up later in the book. Even as a trans-ally, I found there was much in Chaz's story that relates to many of us, regardless of gender identity or sexual orientation. I'm grateful Chaz's has told his story and truly appreciate the challenge this must have presented. He provides a worthy look into the difficulties of finding out who you really are in life and gathering the courage to live into that person.

fascinating reading. Chaz Bono tells it like it is, the good, the bad and the ugly. Heart rending to see

what Chaz goes through. Well written and well thought through. If you have a family member who wants to transition this is THE book to get and read ahead of time. You will understand more of Cher's and Chez family dynamics (and frustrations) when you read this. See how Chaz's step mother (Sonny Bono's widow) helps her through her search to become a different type of person. A good companion piece to Family Outing.

Thirty-five years ago, I had a girl friend who became a man. I did not have the benefit of hearing about the feelings and the process. Chas Bono writes an in depth account of both as well as details of his upbringing by famous parents Sonny and Cher. Male or female, Chas is just a very nice human being! I LOVED this audio book (read by Chas).

Very honest and direct account of one man's journey. Being Transgender ftm myself it was a great experience to read and find out I'm not the only one who's been through some things only an ftm child would experience. Thanks Chaz, I don't feel alone anymore and I find courage to transition myself.

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